

THE 11th ANNUAL LEO CANCELLARE MEMORIAL SWIM MEET
HOSTED BY EL PASO AQUA POSSE
DECEMBER 18, 19 & 20, 2009

LOCATION: Ysleta Del Sur Pueblo Wellness Center
11200 Santos Sanchez
El Paso, Texas 79927
Phone (915) 858-8639

PLEASE NOTE:

**Absolutely no food or drinks in the pool area.
Coolers and ice chests must be kept in the
cafeteria area**

FACILITIES: The Ysleta del Sur Wellness and Recreation Center is a state of the facility pool with eight competition lanes and a large warm down area. Electronic timing equipment (Colorado 5000-timing and HY -TEK Meet Management software) will be used. Sloped starting blocks and turn flags are in place. Separate dressing rooms, showers and lavatories for men and women, with limited seating on deck of the pool with a mezzanine for clear view of the entire pool. Concessions with food and drink will be available with full meals for sale by Tigua Indian owned and operated restaurants.

DIRECTIONS: Directions to the pool using I-10:

Take I-10 East to the Americas Ave Exit (Loop 375). Exit I-10 and enter Loop 375 going south. Exit at Socorro Rd. Turn left onto Socorro Rd. Proceed approximately 4 miles and turn right toward the Running Bear Convenience Store. The Wellness Center entrance is past the store on the left. Please obey all posted speed limits.

Directions to the pool using the Border Highway:

Take the Border Highway east. Eventually it becomes Americas Ave (Loop 375 North). Exit Loop 375 North at Socorro Rd. Turn right onto Socorro Rd. Proceed approximately 4 miles and turn right toward the Running Bear Convenience Store. The Wellness Center entrance is past the store on the left. Please obey all posted speed limits.

SANCTION: Held under the sanction of USA Swimming
Sanction # BD0916

LIABILITY: In granting this sanction it is understood and agreed that USA Swimming, Border Swimming, Inc., The Tigua Indian Tribe, El Paso Aqua Posse, Inc., and any sponsors shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event in accordance with USA Swimming, Inc., Rules and Regulations.

MEET DIRECTOR: Veronica Caballero
vcaball@its.jnj.com

All questions regarding the conduct of the meet are to be addressed to the Meet Director.

MEET REFEREE: Mike Engelbaum
mengelbaum@farmersagent.com

SAFETY MARSHAL: AM sessions: Michael Menchaca
PM sessions: Joe Avila

DATES & TIMES:

| | | |
|--------------|-------------------|--------------------------------|
| Session I: | Friday, Dec. 18 | Warm-up 4:00pm; Start 5:10 pm |
| Session II: | Saturday, Dec. 19 | Warm-up 7:00am; Start 8:20 am |
| Session III: | Saturday, Dec. 19 | Warm-up 12:00pm; Start 1:20 pm |
| Session IV: | Sunday, Dec. 20 | Warm-up 7:00am; Start 8:20 am |
| Session V: | Sunday, Dec. 20 | Warm-up 12:00pm; Start 1:20 pm |

RULES: Current USA Swimming Rules and Regulations will govern the meet.

SWIMWEAR: In events sanctioned by Border Swimming, swimsuits worn by males in competition shall not extend above the waist nor extend further down the legs than the top of the kneecap (patella). Swimsuits worn by females in competition shall not extend past the top of the shoulder, cannot cover any part of the arms nor extend further down the torso than the buttocks. Suits for both genders may not contain any non-permeable panels. Moreover, swimmers may wear only one suit in competition. The Referee shall have the authority to bar offenders from the competition until they comply with the rule. Swimwear must comply with current FINA and USA Swimming Rules & Regulations.

MEET ELIGIBILITY/PROOF OF REGISTRATION:

This meet is open to all currently registered USA/FINA/Federacion Mexicana de Natacion swimmers. The attached membership certification affidavit must be submitted with each team's entries. All FINA/Federacion Mexicana de Natacion entries must include a birth date for each swimmer. Any swimmer not able to prove current registration will not be allowed to compete. Falsification of eligibility could result in fines up to \$200.00(two hundred US dollars). The swimmer's age as of December 18, 2009, will be used to determine the age group for competition.

ENTRIES: INDIVIDUAL CONSOLIDATED SWIMMER ENTRY FORMS must be submitted for each entered swimmer OR HY-TEK ENTRY files with a printout of swimmer entries must be submitted. There will be a **\$30 fee** per team for manual entries of teams with 10 or more swimmers.

EVENT LIMIT: 4 individual events and 1 relay per day.

EVENT FEES \$ 3.50 per individual event (\$2.50 per event +\$1.00 Border per splash)
\$ 5.00 per relay
\$ 3.00 per swimmer surcharge

SEND ENTRIES TO: **Jeff Ellsworth** jellswor@elp.rr.com
7208 Tierra Taos
El Paso, Texas 79912

ENTRY DEADLINE: Entries must be received by **Wednesday December 9, 2009**

MAKE CHECKS PAYABLE TO: EL PASO AQUA POSSE (A \$50.00 service charge will be assessed for any returned check.) There will be no refunds for "No Shows" or ineligible swimmers.

CHECK IN: Check in required for events 7-10

EVENT SEEDING:

This is a pre-seeded, timed final, short course, age group meet. Events 9-10 will be seeded fastest to slowest, alternating girls and boys. All relays will be deck entered and deck seeded. All fees must be paid prior to the end of the meet. Teams that have outstanding debts will not receive either Team or Individual awards.

LATE ENTRIES:

Deck entries will be accepted on a lane availability basis up until 30 minutes prior to the start of each session. Late entries fees will be \$7.00 per event. Extra heats may be created. All swimmers who deck-enter will be required to show proof of current USS/FINA/Federacion Mexicana de Natacion registration. There will be no on deck USS registration.

RELAYS:

Coaches must pick up relay cards from the Clerk of Course. Relay cards must list each swimmer's first and last name. The order of relay swimmers will be strictly enforced in accordance with current USA Rules and Regulations. No changes are allowed after the start of the relay heat.

AGE-GROUPS: The age groups for this meet will be 6 & under, 7-8, 9-10, 11-12, 13-14, 15-16, 17-Over

SCORING:

| | 1 st | 2 nd | 3 rd | 4 th | 5 th | 6 th | 7 th | 8 th | 9 th | 10 th | 11 th | 12 th |
|------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|------------------|------------------|------------------|
| Individual | 13 | 11 | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| Relays | 26 | 22 | 20 | 18 | 16 | 14 | 12 | 10 | 8 | 6 | 4 | 2 |

Relays score only team points, and will not be included in Individual High Point totals. Individual High Point totals will include swims outside of the swimmer's age group. Example: A 6 year old swimming the 8-U 50 fly will receive points toward the 6-U high point award for this event.

AWARDS:

| | |
|--------------------|--|
| Team Trophies: | 1st, 2nd, 3rd |
| Individual Events: | 1st through 8th |
| Relay Events: | 1st through 3rd |
| High Points: | 1st - 5th in each age group 6-U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-Over |

FINAL RESULTS:

Final Results will be emailed within one week after the conclusion of the meet. Additional copies of the Final Results may be ordered at a prepaid fee of \$ 10.00. Requests for printed Final Results or disk copies of Final Results should be made to at the Computer Table.

MISC:

Prior to Warm-ups, lane assignments will be posted at the pool based on team entries received.

USA Swimming officials from out of town are welcome to officiate. Please contact the meet referee, Mike Engelbaum, in advance: mengelbaum@farmersagent.com

Officials will meet with the deck referee thirty minutes prior to the start of each session.

Timers will meet with the referee and the starter twenty minutes prior to each session.

Coaches will meet with the deck referee ten minutes prior to the start of each session.

SPORTSMANSHIP: No competitive contest can be conducted without impartial, competent officials. Officials must have the respect and support of coaches and swimmers. Officials should always be treated with courtesy; officials should always show courtesy to coaches, swimmers, and the general public. On and off the record criticism of officials to swimmers or to the public shall be considered unethical. For a coach to address uncomplimentary remarks to any official during the progress of the meet, or to indulge in conduct that might incite spectators against officials, shall be considered conduct unworthy of the coaching profession.

Friday - December 18

Start: 5:10pm

| WOMEN | Time Standard | EVENT | Time Standard | MEN |
|--------------|----------------------|------------------|----------------------|------------|
| 1 | | 11-12 200 Fly | | 2 |
| 3 | | 9-10 200 Free | | 4 |
| 5 | | 11-12 200 Free | | 6 |
| 7 | 6:10.79 | 13-Over 400 IM | 5:50.59 | 8 |
| 9 | 7:10.79 | 11-Over 500 Free | 7:05.49 | 10 |

Saturday - December 19

Start: 8:20am

| WOMEN | EVENT | MEN |
|--------------|---------------------|------------|
| 11 | 8 & U 100 Med Relay | 12 |
| 13 | 9-10 200 Med Relay | 14 |
| 15 | 6&U 25 Fly | 16 |
| 17 | 7-8 100 Fly | 18 |
| 19 | 9-10 100 Fly | 20 |
| 21 | 8&U 50 Breast | 22 |
| 23 | 9-10 50 Breast | 24 |
| 25 | 6&U 25 Back | 26 |
| 27 | 7-8 100 Back | 28 |
| 29 | 9-10 100 Back | 30 |
| 31 | 8&U 50 Free | 32 |
| 33 | 9-10 50 Free | 34 |
| 35 | 7-8 100 IM | 36 |
| 37 | 9-10 200 IM | 38 |

Sunday - December 20

Start: 8:20am

| WOMEN | EVENT | MEN |
|--------------|---------------------|------------|
| 67 | 8-U 100 Free Relay | 68 |
| 69 | 9-10 200 Free Relay | 70 |
| 71 | 6&U 25 Free | 72 |
| 73 | 7-8 100 Free | 74 |
| 75 | 9-10 100 Free | 76 |
| 77 | 8&U 50 Fly | 78 |
| 79 | 9-10 50 Fly | 80 |
| 81 | 6&U 25 Breast | 82 |
| 83 | 7-8 100 Breast | 84 |
| 85 | 9-10 100 Breast | 86 |
| 87 | 8&U 50 Back | 88 |
| 89 | 9-10 50 Back | 90 |
| 91 | 7-8 200 Free | 92 |
| 93 | 9-10 100 IM | 94 |

Saturday - December 19

Start: 1:20pm

| WOMEN | EVENT | MEN |
|--------------|-----------------------|------------|
| 39 | 11-12 200 Med Relay | 40 |
| 41 | 13-14 400 Med Relay | 42 |
| 43 | 15-Over 400 Med Relay | 44 |
| 45 | 11-12 50 Breast | 46 |
| 47 | 13-Over 100 Fly | 48 |
| 49 | 11-12 100 Fly | 50 |
| 51 | 13-Over 200 Breast | 52 |
| 53 | 11-12 200 Breast | 54 |
| 55 | 13-Over 100 Back | 56 |
| 57 | 11-12 100 Back | 58 |
| 59 | 13-Over 200 IM | 60 |
| 61 | 11-12 200 IM | 62 |
| 63 | 13-Over 100 Free | 64 |
| 65 | 11-12 100 Free | 66 |

Sunday - December 20

Start: 1:20pm

| WOMEN | EVENT | MEN |
|--------------|------------------------|------------|
| 95 | 11-12 200 Free Relay | 96 |
| 97 | 13-14 400 Free Relay | 98 |
| 99 | 15-Over 400 Free Relay | 100 |
| 101 | 11-12 50 Fly | 102 |
| 103 | 13-Over 200 Free | 104 |
| 105 | 11-12 50 Back | 106 |
| 107 | 13-Over 100 Breast | 108 |
| 109 | 11-12 100 Breast | 110 |
| 111 | 13-Over 200 Fly | 112 |
| 113 | 11-12 100 IM | 114 |
| 115 | 13-Over 200 Back | 116 |
| 117 | 11-12 200 Back | 118 |
| 119 | 13-Over 50 Free | 120 |
| 121 | 11-12 50 Free | 122 |

BORDER WARM-UP AND MEET SAFETY PROCEDURES

WARM-UPS:

1. All coaches will serve as marshals during warm ups and will be responsible for monitoring and enforcing safety rules and regulations in assigned warm up lanes.
2. All meet warm-ups shall be scheduled for two 30 minute sessions. Teams shall be assigned a warm up session and notified of such session by the host team. When the number of swimmers does not warrant splitting the sessions, one warm up session may be held.
3. The first twenty (20) minutes of each session shall be designated as a GENERAL WARM UP SESSION. There shall be FEET FIRST ENTRIES ONLY AND AT ALL TIMES during the general warm up session. Lanes may be used for pace, circle, or return swim only. Swimmers shall not mount the starting blocks at any time. The pace shall be carefully controlled by the coaches. Loitering and visiting in the lanes is not allowed.
4. During the last TEN (10) minutes of each warm up session sprint lanes shall be open as follows: the lane you have been assigned for warm-up will be your sprint & return lane. Before using sprint lanes, they must be cleared of all swimmers. RACING STARTS ONLY will be allowed at the far end, but the swimmers swim back in return lanes.

GENERAL

1. Meet officials working the start end of the pool shall serve as safety marshals.
2. Warm up and warm down lanes, if provided by the host team, will operate under the same rules and regulations as general warm up lanes, with the exception that a maximum of 10 swimmers will be allowed in the warm-up/down lane at any one time.
3. No running, fighting, or horseplay will be allowed.
4. Dangerous objects are banned, including but not limited to the following: skateboards, hard balls, rocks, marbles, guns, glass, slingshots, appliances or radios using anything other than batteries, chewing gum or candy (in the water), and any other object deemed unsafe by a coach, chaperone, or safety official.
5. No towel popping.
6. No smoking allowed in the building.
7. No swimming perpendicular to lane lines.
8. The coaches, chaperones, or safety official in charge must remain on the premises until ALL other participants have departed.

Held under the sanction of USA Swimming

MEMBERSHIP CERTIFICATION AFFIDAVIT

I, _____, the team entries chairperson for _____, certify that all swimmers and coaches listed on the attached INDIVIDUAL ENTRY FORMS OR HY-TEK DISK are currently registered members of United States Swimming or FINA.

I agree that if any of the swimmers or coaches are NOT properly registered with USS or FINA that our team, _____, will pay \$100 fine per event for each improperly registered swimmer or coach.

Date

Team Entries Chairperson

SWIMMER ENTRY FORM

Name: _____ Female: _____ Male: _____ Age: _____

Address: _____ City: _____ State: _____ Zip: _____

Date of Birth: _____ USA-SWIMMING/FINA #: _____

Telephone: _____ Team Name: _____

| Event # | Stroke | | | | | Distance | | | | | | Time | |
|---------|--------|----|----|----|----|----------|----|-----|-----|-----|-----|------|-------|
| | FR | BR | BK | FL | IM | 25 | 50 | 100 | 200 | 400 | 500 | | 1650 |
| _____ | FR | BR | BK | FL | IM | 25 | 50 | 100 | 200 | 400 | 500 | 1650 | _____ |
| _____ | FR | BR | BK | FL | IM | 25 | 50 | 100 | 200 | 400 | 500 | 1650 | _____ |
| _____ | FR | BR | BK | FL | IM | 25 | 50 | 100 | 200 | 400 | 500 | 1650 | _____ |
| _____ | FR | BR | BK | FL | IM | 25 | 50 | 100 | 200 | 400 | 500 | 1650 | _____ |
| _____ | FR | BR | BK | FL | IM | 25 | 50 | 100 | 200 | 400 | 500 | 1650 | _____ |
| _____ | FR | BR | BK | FL | IM | 25 | 50 | 100 | 200 | 400 | 500 | 1650 | _____ |
| _____ | FR | BR | BK | FL | IM | 25 | 50 | 100 | 200 | 400 | 500 | 1650 | _____ |
| _____ | FR | BR | BK | FL | IM | 25 | 50 | 100 | 200 | 400 | 500 | 1650 | _____ |
| _____ | FR | BR | BK | FL | IM | 25 | 50 | 100 | 200 | 400 | 500 | 1650 | _____ |

NUMBER OF EVENTS _____ x \$3.50 _____

Swimmer Surcharge _____ + \$3.00

TOTAL FEE \$ _____